Allied to Kids is an initiative of the NSW Children’s Healthcare Network. The newsletter will be circulated regularly to provide updates and information to support allied health professionals who work with kids and their families.

### Allied to Kids - Your Thoughts and Ideas

The Allied Health Educators are in the process of developing a new Allied to Kids Implementation Plan. As part of the planning process we are seeking input from allied health professionals. The first step is an online survey. We then plan to follow-up with interested clinicians in other ways, such as focus groups and individual discussion.

To complete the survey and provide your thoughts and ideas go to: https://www.surveymonkey.com/r/A2K2019.

Please provide your comments by **Monday 31st October**.

Results from the survey will be published in a future edition of the Allied to Kids newsletter.

Please contact any of the Allied Health Educators if you would like to discuss this further (contact details page 10).

### Allied to Kids Website

Have you visited the Allied to Kids website recently?


The website comprises details and updates regarding all Allied to Kids initiatives, including:

- Previous editions of the Allied to Kids newsletter
- Guides for Allied Health Professionals
- Clinical Resources
- Educational Secondment Program
- Allied Health Telehealth Virtual Education Program
- and much more.

If you have problems accessing the Allied to Kids website please contact your local IT support. The Allied Health Educators are interested to know about any access issues, so please also send us an email (contact details page 10).

### Inside this edition

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allied to Kids - Your Thoughts and Ideas</td>
<td>1</td>
</tr>
<tr>
<td>Allied to Kids Website</td>
<td>1</td>
</tr>
<tr>
<td>Educational Secondment Review</td>
<td>2</td>
</tr>
<tr>
<td>International Allied Health Professionals Day</td>
<td>3</td>
</tr>
<tr>
<td>To Tweet or not to Tweet</td>
<td>3</td>
</tr>
<tr>
<td>Tongue Tie - Let’s Get Back to Basics</td>
<td>4</td>
</tr>
<tr>
<td>Workforce Fact Sheets and Personal Stories</td>
<td>5</td>
</tr>
<tr>
<td>Workforce Survey on Genomic/Genetic Education</td>
<td>5</td>
</tr>
<tr>
<td>Education Options for Paediatric Dietetics</td>
<td>6</td>
</tr>
<tr>
<td>Healthy Weight Resources</td>
<td>6</td>
</tr>
<tr>
<td>Mental Health Month - Share the Journey</td>
<td>7</td>
</tr>
<tr>
<td>National Carers Week 2019</td>
<td>7</td>
</tr>
<tr>
<td>Hats on for Children’s Palliative Care</td>
<td>8</td>
</tr>
<tr>
<td>SCHN Dietitian Named Dietitian of the Year</td>
<td>8</td>
</tr>
<tr>
<td>No Sunset for Our Sons and Daughters</td>
<td>9</td>
</tr>
<tr>
<td>Allied Health Educator Contact Details</td>
<td>10</td>
</tr>
<tr>
<td>Allied Health Telehealth Virtual Education</td>
<td>10</td>
</tr>
<tr>
<td>Tertiary Children’s Hospitals Grand Rounds</td>
<td>11</td>
</tr>
<tr>
<td>Save the Date</td>
<td>12</td>
</tr>
<tr>
<td>Conferences/Workshops/Webinars</td>
<td>12-15</td>
</tr>
<tr>
<td>Positions Vacant</td>
<td>15</td>
</tr>
</tbody>
</table>
Educational Secondment Review

Allied to Kids is an educational and clinical support program established as an initiative of the NSW Children’s Healthcare Network. It is funded by NSW Health to facilitate networking and enhance the support of NSW Health Allied Health Professionals (AHP) working with children. One of the initiatives of Allied to Kids is the Educational Secondment Program. This program is designed to upskill AHP who have children on their caseload by providing an opportunity to apply for an educational secondment.

For the purposes of this Program, a secondment provides an educational opportunity and as such there is no salary entitlement. It can be up to five days in length depending on a number of variables. These include the learning objectives of the AHP requesting the secondment, the ability for the secondee to be released and the capacity of the host department. The educational secondment may include a visit to the paediatric tertiary centre, specialist clinic or other health facility to improve knowledge/skills in a specified area of the AHP current work with children and young people.

Educational secondsments are coordinated at a state-wide level by the NSW Children’s Healthcare Network Allied Health Educators with combined intake periods occurring two to three times each year. To ensure state-wide applicability of the Educational Secondment Program standard letters have been approved for use across the Northern, Southern and Western Regions of the NSW Children’s Healthcare Network.

Evaluation of each educational secondment is undertaken to ensure that the placements are clinically relevant and that changes to clinical practice are maintained. An evaluation form is completed by the secondee prior to the secondment, immediately following completion, and four months after the secondment. In addition to providing information regarding the outcomes of the placement, the evaluation format encourages self-reflection and identification of ongoing education and support needs. Follow-up evaluation feedback is also obtained from the secondee’s manager four months after the secondment.

Outcomes for the Educational Secondment Program have been included in the project reports for each iteration of the NSW Children’s Healthcare Network’s Allied Health Education Program and also published in Australian Journal of Rural Health. The most recent data collated was for the period July 2015 – July 2019. During this time 105 expressions of interest were received from AHP interested in completing an educational secondment. All evaluation data continues to provide positive feedback and ongoing support for this initiative.

The voices of the secondees best sum up the opportunity provided by the Educational Secondment initiative:

I considered this to be excellent PD. Great for clinicians to meet face-to-face rather than teleconferencing all of the time. Practical and realistic-observing the 'real' life clinic and discussing actual problems/cases.

This was a fantastic opportunity to learn from the experts. I look forward to using the skills I have gained in my clinical practice.

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This was a fantastic opportunity to learn from the experts. I look forward to using the skills I have gained in my clinical practice.

International Allied Health Professionals Day

On 14th October 2019 the International Allied Health Professionals (AHP) Day will be celebrated for the first time in NSW and across Australia. It is an initiative that was started in 2018 by two clinicians in the United Kingdom to celebrate who AHP are, what they do and why they are valuable.

AHP Day is a social movement to recognise the contribution of AHP to patient care and population health. It also provides a chance to get to know and celebrate our skills and achievements with fellow AHP.

The style of celebration and ownership of the day remains with AHP. There are many ways to celebrate, appreciate and inspire on #AHPsDAY. Some include hosting a morning tea, creating your own awards, making an action pledge and more.

Join us on social media using the hashtags #AHPsDay, #AHPsDayAUS and #proudtobeAHP.


For more information, contact the NSW Chief Allied Health Officer, Andrew Davison at Andrew.Davison@health.nsw.gov.au.


To Tweet or not to Tweet

This section will be a regular inclusion of the Allied to Kids newsletter and will spotlight relevant Twitter accounts for allied health professionals.

**ASCIA**[@ascia_news]: Australasian Society of Clinical Immunology and Allergy (ASCIA) is the peak professional body of clinical immunology and allergy in Australia and New Zealand.

**Carers NSW**[@CarersNSW]: Carers NSW is the peak organisation for all informal family and friend carers in New South Wales.

**ICPCN**[@ICPCN]: The International Children’s Palliative Care Network (ICPCN) is the only global membership network working for the right of children with life-limiting and life-threatening conditions to receive palliative care.

**National Rural Health Alliance**[@NRHAlliance]: National Rural Health Alliance is the peak body for rural and remote health in Australia.

Please do not forget to follow **AlliedtoKids**[@AlliedtoKids] - A2K aims to provide education, support and clinical resources to allied health professionals working with children across NSW.
Tongue Tie - Let’s Get Back to Basics

Ankyloglossia or tongue tie continues to be a contentious topic for paediatric dentists, GPs, paediatricians, general surgeons, lactation consultants, midwives, nurses and speech pathologists. More and more professionals are getting involved in diagnosing and treating babies and children with this ‘rare’ but common birth condition. Is it a fad? Do posterior tongue ties, lip and buccal ties exist and do they need to be surgically corrected?

As part of the Allied Health Telehealth Virtual Education Program, Melissa Compton, Senior Speech Pathologist, Westmead Hospital presented an information session and Q&A session regarding tongue tie. During the sessions, Melissa emphasised the following key messages:

- As health professionals we need to be very clear about our role in diagnosing and treating tongue tie. Health professionals must be aware of the limitations in diagnosing tongue tie and in referring babies and children for surgery.

- Health professionals need to ensure that we are using research based evidence in our everyday practice in assessing and managing babies and children with tongue tie. There is currently limited evidence regarding tongue tie and its impact on feeding and speech due to subjective definitions of tongue tie.

- The recommendation for all health professionals is to assess all areas of feeding and speech and not just to focus on tongue tie. The assessment must include a thorough case history, oral motor assessment, feeding assessment and articulation assessment. From this information we can determine whether a baby/child needs to be referred to a highly experienced professional to assess suitability for surgery.

- It is not in the scope of practice of health professionals to inform a parent that their child requires surgery for a tongue tie. It is the job of a health professional to provide parents with all the information that they need to make an informed decision regarding their child’s tongue tie.

- All health professionals must be vigilant in ensuring the safety of the children and babies they see.

During the Q&A session, Melissa responded to a range of questions submitted by participants. Below are just of few of the questions discussed.

What tips can you share for examining tongue function and structure for toddlers/preschoolers who are reluctant to open their mouth?

What are the criteria for invasive treatment of tongue tie?

Have you ever recommended a preschool aged child get a tongue tie released for speech sound problems?

I had a mother ask about posterior tongue tie and dribbling. How should I respond?

What is the evidence base relating to reasons for frenectomy vs laser?

Both of Melissa’s sessions were recorded and are available for viewing on the Allied to Kids website at www.nchn.org.au/a2k/index.html. For details go to the Telehealth Virtual Education page.

The Allied Health Educators would like to thank Melissa Compton for presenting the tongue tie sessions and sharing her knowledge and resources with health professionals across New South Wales.
Workforce Fact Sheets and Personal Stories

The National Rural Health Alliance (NHRA) has released a series of health workforce fact sheets on allied health, nursing, midwifery and dental. The fact sheets show the number of health professionals working in rural, regional and remote areas per capita compared to major cities.

The fact sheets confirm the significant mal-distribution of the health workforce across Australia, with remote and very remote areas experiencing the lowest workforce supply ratios compared to major cities. To access the fact sheets go to https://www.ruralhealth.org.au/factsheets/thumbs.

The professions with the highest number of allied health practitioners are psychologists, physiotherapists, pharmacists and social workers across all areas in Australia. However these professions are still under-represented in rural, regional and remote areas, when compared to needs of the population.

The workforce facts sheets provide the facts and figures. Each one is accompanied by a personal story to provide a personal understanding of what it means to be a health professional in a rural, regional or remote area in Australia.

“We know that it is likely that the stories will resonate with many health professionals working in rural and remote areas. But we also hope these stories will promote the benefits of going rural and highlight the deep sense of achievement gained, the adventures that are part of a rural or remote lifestyle and the wonderful community spirit that make working in the bush very satisfying,” said Gabrielle O’Kane, NRHA Chief Executive Officer.

A number of allied health professionals working in rural, regional and remote NSW share their stories regarding the services they provide on a typical day, the challenges they face, and why they #loverural.

Ellen, a dietitian practicing in Dubbo.

“I love the people in the rural areas where I work. There’s something about people in country communities - they’re genuine, kind and friendly people. I love all the stories they tell me and how appreciative they are when I come to see them”

Penny, a locum physiotherapist often covering for physiotherapists that go on leave.

“I have loved working in the bush for the last 6 years...I love arriving in a new place, stepping onto the ground; cracked red dirt, crunchy grass, lush verdant greens, little slides in mud puddles, sniffing the fresh air, seeing a horizon, often in all directions”

Annie, a sole practitioner physiotherapist working in the Temora region in NSW.

“I #loverural because I can provide a service to people locally when they would otherwise have to travel. Small country towns are beautiful and full of beautiful people. There is such a strong sense of community and people truly value the service. I enjoy the autonomy and the many challenges associated with rural practice that allow me to constantly grow as a clinician”

To read more personal stories go to https://www.ruralhealth.org.au/personal_stories.


Workforce Survey on Genomic/Genetic Education Resources

In accordance with the NSW Health Genomic Strategy Implementation Plan, NSW Health is leading a project designed to improve the availability of trusted education resources for consumers and the health workforce. The project aims to identify the education needs of consumers and health professionals in relation to genetics/genomics, and also their preferred mechanisms for accessing resources in general.

Please find survey link below for circulation to allied health staff:


Enquiries related to the strategy or this project can be directed to Vanessa Fitzgerald, Principal Project Officer, Speciality Services and Technology Evaluation Unit, NSW Ministry of Health via phone 9391 9544 or email vanessa.fitzgerald@health.nsw.gov.au.
Education Options for Paediatric Dietetics

Below are some education and training options available to dietitians who work with children and young people, ranging from basic to more advanced courses.

Queensland Health
Queensland Health have free online training consisting of seven modules and 30 hours of CPD. The modules provide a basic overview and good starting point. The modules include assessment of paediatric patients, feeding the infant, toddler and preschool child, feeding the school aged child and adolescent, faltering growth and malnutrition, nutrition support, obesity and allergy.

Dietitians Association Australia (DAA) and ChildD
The National Paediatric Dietetic Training Course is run in partnership between the DAA and ChildD (a small group of leading paediatric dietitians in Australia). The course is specifically designed to educate and upskill participants in the basics and complexities of dietetic management in children. It highlights and identifies the current guidelines and evidence, and also provides the ‘how to’ when managing these patients in every day practice. There are three independent, progressive modules each building from the complexity of the previous. Each module runs for two days. Participants may take a single module or progress through all three.

Australasian Society of Clinical Immunology and Allergy (ASCIA)
ASCIA Food allergy e-training dietitians 2016 has been developed to provide ready access to reliable food allergy education for dietitians and other health professionals at no charge.
Go to https://etrainingdiet.ascia.org.au/.

Royal Children’s Hospital in Melbourne
The Department of Nutrition and Food Services at the Royal Children’s Hospital in Melbourne began a Certificate in Paediatric Nutrition and Dietetics in 1997. This course is exclusively for qualified dietitians, with the course content targeted to meet the training needs and learning outcomes for paediatric dietitians.

Nestle Nutrition Institute
The Pediatric Nutrition in Practice E-Learning Program covers 12 topics including childhood growth and nutritional assessment, breastfeeding, complementary feeding and nutritional challenges in special conditions and diseases.

Monash University
Introduction to Paediatric Nutrition for Health Professionals is an online short course in the basics of paediatric nutrition, offered by the Department of Nutrition, Dietetics and Food, Monash University. The course consists of six topics offered over six weeks.
Go to https://www.monash.edu/medicine/base/study/short-courses/introduction-to-paediatric-nutrition-for-health-professionals.

Adapted from information provided by Mikayla Madden, Community Dietitian, Wagga Wagga Health Service.

Healthy Weight Resources

The weight management dietitians at The Children’s Hospital at Westmead have developed two innovative and practical resources for use by families who require specific steps in order to achieve a healthy weight. The resources are a melamine, dishwasher safe portion controlled plate and a Chomp to Health booklet.

As the resources cost money to develop the dietitians are wishing to gauge your interest and willingness for your clients or health service to pay for them. Please take a few minute to complete the survey to provide the team some feedback: https://www.surveymonkey.com/r/SZLS5GC.

If you have any questions or would like to discuss further, please contact Kerryn Chisholm, Dietitian Lipids/Weight Management/Obesity, kerryn.chisholm@health.nsw.gov.au.
Mental Health Month - Share the Journey

Mental Health Month, held in October each year, gives us an opportunity to raise awareness about mental health and wellbeing through running a broad campaign and supporting community events. It is a chance to promote activities and ideas that can have a positive impact on our daily lives and the lives of others.

Each year, Mental Health Month ties everything together with a specific theme. This year’s theme is ‘Share the Journey’.

Connecting with others is important for all aspects of our health and wellbeing. Research tells us that feeling connected with others gives us a sense of security, support, purpose and happiness. Close connections and good relationships with others help us enjoy good times in our lives as well as cope with difficult experiences. Many of us report feeling lonely and believe loneliness is increasing in Australia. For those experiencing or living with mental illness, loneliness can have an even bigger impact, especially when you factor in the added experiences of social exclusion and stigma.

Share the Journey is all about ways we can connect with others, both for our own health and wellbeing, as well as theirs.

Sharing the journey can mean many things:

- Telling your loved ones about both your successes and difficulties.
- Reaching out to people who might be withdrawing from others.
- Working with someone to find and access services or support.
- Asking for help with day-to-day things when you need it.
- Getting involved in group activities, like sports or book clubs.
- Sharing a cuppa with a mate.

Whether you reach out to someone who might be feeling a bit lost or find a way to connect with others when you need some help, building positive social connection is something we can all try and do.


National Carers Week 2019

National Carers Week is about recognising and celebrating the outstanding contribution unpaid carers make to our nation.

There are over 2.7 million family and friend carers in Australia providing 36 million hours of care and support every week to a family member or friend who has a disability, mental illness, drug and/or alcohol dependency, chronic condition, terminal illness or who is frail. The replacement value of that unpaid care is $1.1 billion per week.

Anyone at any time can become a carer. National Carers Week is an opportunity to educate and raise awareness among all Australians about the diversity of carers and their caring roles.

This year, National Carers Week will run from Sunday 13 to Saturday 19 October 2019. For further information go to [https://www.carersnsw.org.au/national-carers-week](https://www.carersnsw.org.au/national-carers-week).

Hats on for Children’s Palliative Care

The second Friday in October, which this year falls on Friday 11 October 2019, is a day for raising international awareness of the work of children’s hospices and children’s palliative care (CPC) services worldwide. Now in its 6th year, the annual campaign is known as Hats On for Children’s Palliative Care with the hashtag #HatsOn4CPC.

What is the day about?

The day aims to raise funds for children’s palliative care, but more importantly, to raise awareness of the rights of very sick children with incurable and life-threatening illnesses to receive palliative care.

We know that there are in excess of 21 million children in the world who live with a life-limiting illness or condition that will or could drastically shorten their lives.

Existing services are mostly in the developed world. Those in the developing world are often underfunded and inadequate to meet the overwhelming need. As a result, millions of children have a poor quality of life and suffer from pain and other distressing symptoms which could be controlled and significantly improved with palliative care.

What is children’s palliative care?

Children’s palliative care (CPC) is holistic care that responds to the physical, emotional, social and spiritual needs of a child with a life-threatening or life-limiting illness as well as providing care for the child’s family. It aims to provide expert advice regarding pain relief and symptom control. This is in conjunction with whatever emotional, social and spiritual support is required to enable the affected child to enjoy the best quality of life possible in the circumstances. When necessary, it supports the child at the end of life and continues to care for the bereaved family members for as long as is needed. This care is provided by a compassionate team of people who all wear different, and sometimes many, hats.

You can find out more about CPC on the International Children’s Palliative Care Network (ICPCN) FAQ page, http://www.icpcn.org/faq/ or download the ICPN Fact Sheet http://www.icpcn.org/fact-sheets/.

How can I take part in Hats on 4 CPC?

The easiest way to participate is by wearing a hat to work on Friday 11 October. Additional ideas and materials are available on the ICPCN website. Go to http://www.icpcn.org/hatson4cpc/.

Adapted from http://www.icpcn.org/hatson4cpc/.

SCHN Dietitian Named Dietitian of the Year

The Australian Allied Health Awards are the largest allied health event held in Australia. This year they were held at the Arts Centre in Melbourne. The Awards aim to establish the opportunity for every Australian allied health professional to feel recognition and pride, as well as to feel part of the larger Australian healthcare community.

After being named winner of the 2019 Dietitian of the Year, Dr Jennifer Cohen said the recognition was "a lovely surprise”. Based at the Sydney Children’s Hospital, Randwick, Dr Cohen is a specialist paediatric dietitian. She is currently working on a translational research project at the Sydney Children’s Hospitals Network (SCHN), is team leader in Nutrition Research at Sydney’s Children’s Hospital and senior research fellow at the University of NSW.

She has presented at conferences and workshops 16 times, has 18 publications, has successfully won numerous research and funding grants and is also a prominent and well respected media and social media personality in her field.

Dr Cohen has been at Sydney Children's Hospital, Randwick for 15 years and has largely worked as a clinical dietitian in the Kids Cancer Centre. She completed her PhD on nutrition in childhood cancer survivors in 2016.

A big congratulations to Dr Cohen for the well-deserved recognition.

Adapted from SCHN Pulse, 23 September 2019.
No Sunset for Our Sons and Daughters

By Indigenous Conference Services (Australia).

Despite the many suicide intervention programs in our communities, Indigenous youth suicide in this country is still growing at an alarming rate. In 2017, Indigenous Conferences Services Australia (ICSA) visited the United States of America and New Zealand where we were privileged to meet two extraordinary individuals, Dr Joseph Stone and Dr Amber Logan. These professionals have dedicated their lives to overcoming mental health issues and addictions as well as suicide prevention through culture in Indigenous communities.

Dr Joseph B. Stone, PhD, is an Amskapi-pikuni ceremonialist and traditionalist and member of the OKKAN (Sundance), the Last Star Thunder Medicine Pipe and Beaver Lodge. Dr Stone works at Te Taiwhenua o Heretaunga – a Kaupapa Māori Health Provider; Awhina Whanu Family Services, and the Napier Family Centre all located in Hawkes Bay, New Zealand. He has clinical experience with adult prisoners and corrections and juvenile justice in both New Zealand and USA. He is affiliated with the National Center on Trauma and Project Making Medicine – Indian Health Service Assessment and Treatment of Child Abuse at Oklahoma State University. He has presented to and served as consultant to the U.S. Senate Select Committee on Indian Affairs of Native Youth Suicide. Dr Stone’s publications include articles on trauma, suicide, and other cultural and behavioural issues.

Dr Amber R. Logan is a traditional Kahungunu Māori wahine, a New Zealand health psychologist and Doctoral Fellow in Public Health at Otago University. She teaches health psychology course work at the University of Auckland and Otago University and is well-known in New Zealand for her work in methamphetamine education and community activism. Dr Logan is a consummate grant writer, health services evaluator and health services program designer. She has presented extensively in Australia, Canada, and the USA at Harvard University, University of Washington, and to the US Federal Government.

It has taken some time, but ICSA have managed to convince Dr Stone and Dr Logan to visit Australia and conduct two-day workshops in Indigenous communities to train Indigenous workers, organisations and communities in suicide prevention through culture, drug and alcohol addiction with special emphasis on methamphetamine use of youth at risks. Dr Stone and Dr Logan have conducted these workshops at Indigenous communities throughout Canada, the USA, New Zealand and Hawaii with great success. So much so that Griffith University in Queensland, in collaboration with Oklahoma State University, invited Dr Stone and Dr Logan to conduct the same topics. Dr Stone stated, “Indigenous communities throughout the world had been impacted in much the same way as Indigenous people across Australia from colonisation.”

Many underlying factors lead individuals and communities down the path of hopelessness and despair that undoubtedly contributes to the high suicide rate, poor mental health and addictions. These factors include The dispensation of land, the disrespect of First Nation cultures, beliefs, languages, and disempowering of people.

While this two-day workshop is not the answer to these issues, ICSA have found and developed these workshops around the principles of communities developing their own methodology and platform to at least empower individuals to either recognise or intervene where the need may arise. Over 30 years of working in the field, Dr Stone firmly believes that early detection is perhaps the main platform to at least overcome most of the problem or mental health difficulties in communities. Dr Stone and Dr Logan will be holding workshops in Darwin, Northern Territory on the 9 and 10 December, 2019 at the Hilton Hotel. Numbers are limited to 30 participants per workshop, at a cost of $450 per person. ICSA seminars have been developed among the whole wellness principles for cultures, families and communities. This is a large part of the whole wellness approach in ICSA courses. To enrol or register to attend, please email your expression of interest to adminics@iinet.net.au or give ICSA a call on (07) 4194 2803.
Further details regarding Allied to Kids is available at the Allied to Kids website: http://www.nchn.org.au/a2k/index.html.

For more details about any of the information included in this newsletter, or if you have something you would like included in a future edition, please contact one of us.

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**Submissions for Future Editions of Allied to Kids**

Let us know about your workshops, new programs, events, research or positions vacant. Clinical articles need to be evidence based with a relevant (albeit short) reference list. Submissions can be sent to any of the Allied Health Educators (email details are listed above) and need to be received no later than the 25th of each month to ensure inclusion in the following month’s edition. Remember, Allied to Kids is a newsletter for allied health professionals by allied health professionals.

**Please note** the inclusion of event/resource details in this newsletter does not constitute endorsement by the NSW Children’s Healthcare Network. Individuals are responsible for determining the credentials of events/resources in line with their own professional standards.

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**Children’s Healthcare Network**

**Allied Health Telehealth Virtual Education**

Available to allied health professionals who provide services through NSW/ACT Health

The 2019 Allied Health Telehealth Virtual Education program incorporates a range of virtual education technologies such as videoconferencing and pre-recorded sessions. Upcoming session:

| 29 October | Waiting for speech pathology: advice vs device | Emily Davis and Katrina Rohr, Speech Pathologists, Bathurst Hospital |

Most sessions are recorded and available for viewing online. Please visit the Allied to Kids website http://www.nchn.org.au/a2k/index.html for details of the 2019 calendar, latest updates and to view earlier sessions.
Tertiary Children’s Hospitals Grand Rounds

Available to allied health professionals who provide services through NSW Health

Children’s Hospital at Westmead (CHW) Grand Rounds

The CHW Grand Rounds Education Program is held each Thursday from 1:00 - 2:00pm. Upcoming sessions:

- 10 October: Orthopaedic
- 17 October: Simulation Centre
- 24 October: Haematology
- 31 October: Nuclear


John Hunter Children’s Hospital (JHCH) Paediatric Grand Rounds

The JHCH Paediatric Grand Rounds Education Program is held each Tuesday from 1:00 - 2:00pm. Upcoming session topics include (more specific details are released one week prior to the session):

- 8 October: Emergency
- 15 October: Dermatology
- 22 October: Community
- 29 October: General Paediatrics & Adolescent Medicine

For instructions on how to view these sessions online or to access previous sessions, please email Sonia.Hughes@health.nsw.gov.au.

Sydney Children's Hospital (SCH) Grand Rounds

The SCH Grand Rounds Education Program is held each Wednesday from 1:00 - 2:00pm. Upcoming sessions:

- 9 October: PICU
- 16 October: Neurology
- 23 October: Dermatology
- 30 October: Nephrology

For information on how to view sessions contact SCH Education Administration on 9382 5409.
Save the Date

MP4Kids Conference
28 February 2020
Bankstown NSW
Further information will be made available in the coming months.

Paediatric Leadership Forum: Paediatric Behavioural Disturbance & Mental Health
12 March 2020
Sydney NSW
Further information will be made available in the coming months.

Combined MP4Kids & RPNSW Conference
22 - 24 October 2020
Bathurst NSW
Further information will be made available in the coming months.

Conferences/Workshops/Webinars

Rural Health & Research Congress: Connecting Communities
16 - 18 October 2019
Lismore NSW
The 8th Rural Health and Research Congress will focus on the theme “Connecting Communities”. This Congress provides an opportunity to share initiatives which enhance the health and wellbeing of our rural people and communities. For more information, please visit https://e-award.com.au/2019/ruralhealth/newentry/about.php.

Make Dying Deadly
Palliative Care for Aboriginal & Torres Strait Islander Communities
1 November 2019
Brisbane QLD
In raising the awareness of Palliative Care and a “good death”, PEPA Queensland and the Centre for Palliative Care Research and Education presents “Make Dying Deadly” - Palliative Care for Aboriginal and Torres Strait Islander Communities.
For further information contact Aurora Hodges or Eliza Munro on 07 3646 6216 or 07 3646 5251 or via email at MakeDyingDeadly@health.qld.gov.au.

NDIS Webinar - Health Supports
6 November 2019, 12:00 - 1:00pm
Webinar
The NSW Agency for Clinical Innovation’s Intellectual Disability and Rehabilitation Networks are hosting a webinar focused on health supports and the National Disability Insurance Scheme (NDIS). For information and to register go to https://register.gotowebinar.com/register/952814088162283019. For further information contact: Tracey Szanto (Intellectual Disability Network Manager) - tracey.szanto@health.nsw.gov.au Jamie Macdonald (Rehabilitation Co-Network Manager) - jamie.macdonald@health.nsw.gov.au
Paediatric and Adolescent Nutrition Update Day: Challenges in babies, toddlers and teens
8 November 2019
The Children’s Hospital at Westmead
The Department of Nutrition and Dietetics at The Children’s Hospital at Westmead is hosting their annual update day. This year the focus will be at both ends of the paediatric spectrum as the day is split into two key learning areas.
- Part 1 (morning): The first 2000 days
- Part 2 (afternoon): Adolescents
The day will have a strong nutrition/dietetics focus but is relevant for all allied health, nursing and medical professionals working across all levels and areas of healthcare.
For any program enquiries, email Amanda Carter at Amanda.Carter@health.nsw.gov.au.

Aboriginal Allied Health Network Forum
13 November 2019
National Centre of Indigenous Excellence, located on Gadigal country in the Eora Nation
The forum is open to all Aboriginal allied health professionals, assistants, technicians and cadets; mental health trainees and clinicians currently employed or completing a placement within NSW Health.
For more information or to register please contact Daniella Pfeiffer Daniella.Pfeiffer@health.nsw.gov.au.

15th NSW Brain Injury Rehabilitation Program Forum
13 - 15 November 2019
Parramatta NSW
This event aims to connect a broad range of stakeholders working with children, young people and adults following severe traumatic brain injury (TBI).
It will explore how professionals and people with TBI can work together through the continuum of recovery, from rehabilitation to community re-integration, to support positive long-term outcomes.

Introduction to Dialectical Behaviour Therapy (DBT) and Managing Suicidal Cases
18 November 2019 22 November 2019
The Children’s Hospital at Westmead Sydney Children’s Hospital, Randwick
This workshop provides participants with a theoretical overview of the model and practical DBT informed skills to use in clinical practice. Skills include motivating clients, mindfulness and validation skills; conducting a functional behaviour analysis, chain analysis and managing suicide crises. Much of the workshop will focus on participant’s own clinical context.
For more information, please email SCHN-PsychMedWorkshops@health.nsw.gov.au.
### Conferences/Workshops/Webinars continued

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children's Healthcare Australasia (CHA) PREMs &amp; PROMs Special Interest Group</td>
<td>14 October 2019</td>
<td></td>
<td>Web conference Email: <a href="mailto:adele.kelly@wcha.asn.au">adele.kelly@wcha.asn.au</a></td>
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<tr>
<td>Can we increase the uptake of shared decision making?</td>
<td>22 October 2019</td>
<td></td>
<td>Web conference <a href="https://ahha.asn.au/events/webinar-can-we-increase-uptake-shared-decision-making-australia">https://ahha.asn.au/events/webinar-can-we-increase-uptake-shared-decision-making-australia</a></td>
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<tr>
<td>Diabetes and Pre-Pregnancy Workshop</td>
<td>25 October 2019</td>
<td>Liverpool, NSW</td>
<td><a href="https://www.eventbrite.com/e/74628928133">https://www.eventbrite.com/e/74628928133</a></td>
</tr>
<tr>
<td>Diabetes Transition to Adulthood Workshop</td>
<td>25 October 2019</td>
<td>Liverpool, NSW</td>
<td><a href="https://www.eventbrite.com/e/74631437639">https://www.eventbrite.com/e/74631437639</a></td>
</tr>
<tr>
<td>Hanen's Target Word™ Advanced Workshop</td>
<td>28 &amp; 29 October 2019</td>
<td>Newcastle, NSW</td>
<td><a href="http://www.hanen.org/Professional-Development/Workshops-For-SLPs/Target-Word.aspx">http://www.hanen.org/Professional-Development/Workshops-For-SLPs/Target-Word.aspx</a></td>
</tr>
<tr>
<td>Understanding Sensory Processing and Self-regulation for Speech Pathologists: Strategies to Support Children’s Engagement in Therapy</td>
<td>15 November 2019</td>
<td>Sydney, NSW</td>
<td>Email: <a href="mailto:otpseducation@gmail.com">otpseducation@gmail.com</a></td>
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</table>
Conferences/Workshops/Webinars continued

NSW Aboriginal Child and Family Conference 2019
19 - 21 November 2019
Coffs Harbour, NSW

Australian College of Critical Care Nurses NSW Critical Care Seminar
29 November 2019
Sydney, NSW

29 & 30 November 2019
Tamworth, NSW
https://www.psychology.org.au/Training-Events

Learning to Conquer the Wees & Poos...the Basics and Beyond
2 & 3 December 2019
Melbourne, VIC

Learn to Play Therapy: Introductory Course
20 & 21 January 2020
Melbourne, VIC
https://www.learntoplayevents.com/event/learn-to-play-therapy-introductory-course-2-day-workshop-20-21-jan-2020/

Learn to Play Therapy: 5 Day Workshop
20 - 24 January 2020
Melbourne, VIC
https://www.learntoplayevents.com/event/learn-to-play-5-day-workshop-discount-20-24-january-2020/

APA Paediatric Gait Analysis Orthotic Management Training
14 - 16 February 2020
Sydney, NSW
https://australian.physio/pd/pd-product?id=7009

Services for Australian Rural and Remote Allied Health (SARRAH) Conference
13 - 15 September 2020
Townsville, QLD
https://sarrah.org.au/

Positions Vacant

Occupational Therapist Level 1 / 2
Child and Family Team, Illawarra Shoalhaven Local Health District
We have a temporary part-time occupational therapy position available until August 2020. This is a maternity leave backfill based in the Child and Family team at Port Kembla Hospital. The position provides community paediatric occupational therapy assessment and intervention for children aged 0 - 18 years in a multi-disciplinary clinic based setting. To find out more information and make an application, view the position at https://jobs.health.nsw.gov.au and search for requisition number REQ128956 or for enquiries, please contact Lorraine Martin at Lorraine.Martin@health.nsw.gov.au.