Building Resilience

Resilience relates to the capacity of individuals to display positive patterns of adaptation in the context of adversity. It is sometimes described as the ability to ‘bounce back’ and respond positively and productively to challenge and change. Resilience is increasingly emerging as a priority consideration in the practice of health professionals. Resilience is reflected as a key focus of a number of key initiatives including The First 2000 Days Framework (NSW Health, 2019) and related research regarding Adverse Childhood Experiences (ACEs). Likewise, the NSW Public Sector Capability Framework identifies the ability to 'Display Resilience and Courage' as an important personal attribute.

There are a range of resources available aimed at building the resilience of our patients and their families, as well as building individual resilience. Some of these are listed below.

Building Individual Resilience App

This Resilience Application (the App) was developed by the Health Education & Training Institute (HETI). The App includes functionality to assist users learn about resilience and find out how resilient they are, and how to handle challenges in positive way. To access the App go to My Health Learning and search course code 129904928.

The Resilience Doughnut

By drawing on current research regarding the common qualities of children that display resilience, clinical psychologist Lyn Worsley developed a simple and practical resilience-building tool that can be easily used. For further details go to: www.theresiliencedoughnut.com.au.

RESILIENCE: The biology of stress & the science of hope

RESILIENCE is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behaviour. For further details go to: https://kpjfilms.co/resilience/.
### Allied to Kids Educational Secondment Program Expressions of Interest

**Now Open**

The Allied to Kids Educational Secondment Program provides opportunities for NSW Health allied health professionals who work with children to access education and support by visiting one of the tertiary children’s hospitals or a specialist clinic. An educational secondment can be up to five days in length depending on the objectives of the allied health professionals and the capacity of the hosting department.

An educational secondment may include one or a combination of:

- A visit to the paediatric tertiary centre, specialist clinic or other health facility for up to five days to improve your knowledge/skills in a specified area of your paediatric work
- A visit to the paediatric tertiary centre, specialist clinic or other health facility to observe and participate in the management of a client who has been referred to that department by you, or who will be referred to you by the paediatric tertiary centre, specialist clinic or other health facility
- Paediatric tertiary centre/allied health staff may also be available to outreach to locations to provide clinical support to groups of clinicians.

The educational secondment will be tailored to address specific learning objectives related to the clinician’s current caseload working with children. Funding support may be available to cover reasonable travel and accommodation expenses. All expressions of interest will be reviewed as part of a state-wide process. Applications will be considered for acceptance based on:

- Program eligibility criteria, including confirmation of manager approval; AND
- Identified learning objectives; AND
- Capacity of the hosting department.

For further details or to complete the online expression of interest form please refer to details on the Allied to Kids, Educational Secondments webpage at [http://www.nchn.org.au/a2k/secondments.html](http://www.nchn.org.au/a2k/secondments.html) or contact one of the Allied Health Educators (details on page 10).

**Expressions of interest for this round close on 2nd August 2019.**

### Say Less, Show More

Children and young people including those with a disability can benefit from additional support or consideration of individual needs when accessing the health system.

Supporting children with disabilities and their families/carers to participate in routine medical procedures such as physical examination can contribute to better health outcomes for this population. The Say Less, Show More initiative seeks to support all children, their parents and carers with a series of simple photo stories that illustrate what will happen during specific health related appointments.

There are a variety of images that you are able to click on to download a simple photo story explaining the steps involved in common medical procedures. These photo stories can be viewed on a mobile device e.g. tablet or smartphone or printed to make hard copies available in your department.

There is an eLearning package that was developed to support health professionals to learn more about how they can use visuals to support children including those with disabilities and their parent and/or carers to participate in medical interventions.

There is also a range of useful links that are downloadable for Say Less, Show More. These resources are a great way to show others you support the use of visuals in your department or clinic. They include:

- Tips to develop your own visuals
- Tips for success – Introducing visuals into your department or healthcare practice
- Experience of introducing visuals to a health service
- Poster
- Postcard.

“It’s not just the wheelchair, it’s everything else”
By Sarah-Grace Paguinto, Occupational Therapist, Neuromuscular Service, Sydney Children’s Hospital, Randwick.

Wheelchair prescription is a significant milestone for parents of children with neuromuscular conditions. However, no studies have investigated parents’ perceptions of this process or their experiences of their child’s transition to wheelchair equipment.

This study by Paguinto, Kasparian, Bray & Farrar (2019) identified facilitators and barriers to parents’ engagement in wheelchair prescription, including emotional, environmental and social factors, and access to resources. The results also highlighted that wheelchair prescription is a complex process that represents more than just a piece of equipment to parents.

The following implications for rehabilitation were identified:
- Parents experience a range of emotions and challenges as their child’s neuromuscular condition progresses, including the introduction of a wheelchair.
- Anticipatory care and education from health professionals is required to support families’ transition to wheelchair equipment.
- Facilitators to parents’ engagement in wheelchair prescription include a family-centered approach, collaborative decision-making between families and health professionals, and access to information and psychosocial support.

Results have informed current clinical practice, as well as a psycho-educational resource that has been developed and will be trialled across Sydney Children’s Hospitals Network, Royal Children’s Hospital, Melbourne and Queensland Children’s Hospital. A study exploring clinician’s perceptions of wheelchair prescription for children with neuromuscular conditions is also currently underway.

In March 2019, Sarah-Grace Paguinto presented the Allied Health Telehealth Virtual Education session, ‘Parent experience and implications of wheelchair prescription for children with neuromuscular disorders’. To access the session handouts and view the recording go to the Allied to Kids Telehealth Virtual Education webpage, [http://www.nchn.org.au/a2k/telehealth.html](http://www.nchn.org.au/a2k/telehealth.html).

Reference:

To Tweet or not to Tweet
This section will be a regular inclusion of the Allied to Kids newsletter and will spotlight relevant Twitter accounts for allied health professionals.

ANNetwork@ANN_AusNZ - The Australasian Neuromuscular Network is a collaboration of professionals striving to help people affected by neuromuscular disorders in Australia and New Zealand. This includes the Allied Health and Nursing Alliance (AHNA) which was established to develop a strong, unified vision to care for patients with neuromuscular disorders and promote excellence through collaboration and research.

Resilience Doughnut@ResilienceDonut - The Resilience Doughnut is a model for building resilience in children and young people. This model is being used by practitioners all around the world.

Please do not forget to follow AlliedtoKids@AlliedtoKids - A2K aims to provide education, support and clinical resources to allied health professionals working with children across NSW.
Dream Big, Act Big for Kids

By Skye Frazer-Ryan, Acting Team Leader, Centre for Children’s Health and Wellbeing

The Centre for Children’s Health and Wellbeing is a multi-disciplinary team in Children’s Health Queensland Hospital and Health Service. The team aims to improve the lives of children through reducing health inequities and addressing the social determinants of health. The team have recently launched “Dream Big, Act Big for Kids”, a quarterly publication for all staff working with children, highlighting evidence to strengthen children’s long term health and wellbeing by considering the conditions in which children live, love, learn, grow and play. The publication will summarise current research and theory; provoke thought and discussion about programs and policies; and provide tools and support for reflection and innovation.


If you have any questions, please do not hesitate to contact the team via CCHW@health.qld.gov.au.

Increasing Allied Health Recruitment and Retention in Rural Australia

Services for Australian Rural and Remote Allied Health (SARRAH) was commissioned by the New South Wales (NSW) Ministry of Health, Workforce Planning and Talent Development branch to develop a paper outlining evidence that answers the question:

What strategies have been proven effective or ineffective for increasing the efficacy of allied health rural recruitment and retention in Australia?


The take home message is that while there has been considerable research to identify the factors that influence allied health professional recruitment and retention in rural areas, there is limited quality evidence to demonstrate the impact of recruitment and retention interventions on workforce outcomes across individual professions or the allied health workforce as a whole. This is due to issues with the research design such as small sample size, failure to control for extraneous variables, difficulty establishing a baseline against which to assess results, significant drop out rates in longitudinal studies, and an inability to identify causal relationships between interventions and workforce outcomes.

The strongest evidence concerning recruitment of allied health professionals to rural and remote practice relates to:

- Rural background
- Curriculum that reflects rural health issues
- Quality rural placements.

Factors that influence retention are broadly categorised as professional and organisational, social (family and personal), and financial. These are modificable to a varying extent. Non-modifiable factors include location and community amenity, modificable factors include:

- Safe and supportive work environments
- Career development
- Nature of the work and outreach support
- Professional networks
- Public recognition of the role
- Financial incentives.

Teach Ted

By Sarah Cummings and Sare Christensen, Teach Ted

Teach Ted is a new healthtech startup creating books and apps that change the way children aged 2-10 years (or older where there are learning or language challenges) engage with medical treatment and hospital visits. It was started by Sarah Cummings and Sare Christensen after they struggled to find resources to prepare their own children for treatment.

Leveraging preparation through play techniques, each book or app episode lets children travel virtually through the experience, learning who they might meet and what might happen. Currently, there is a lot of focus on patient experience at the point of a service being provided. However, many children arrive anxious, meaning the child must be calmed, taking more staff and time. All of this puts pressure on the broader health system.

Ted goes to hospital is the first book from Teach Ted and is a great support for children going to hospital for planned surgery, emergency treatment or to visit a loved one. A sample of Ted goes to hospital is available at https://www.teachted.com.au/books. The book was developed in consultation with the Child Life Therapy Team at The Children’s Hospital at Westmead. The Parent Advice notes include suggestions on how and when to explain to about upcoming hospital visits as well as areas of common concern and discussion points, empowering parents to effectively support their children. Examples of Parent Advice notes are available on one the website, https://www.teachted.com.au/tips.

Below is an excerpt from the parent notes in Ted goes to hospital.

**Being scared when people are wearing masks**

Some children can find it quite confronting to engage with adults wearing masks. This is often because kids are missing the cues of facial expressions when an adult’s face is covered, making it harder for them to get the whole message. Or, in the movies or TV shows they’ve seen, the ‘bad guys’ wore masks that covered parts of their faces.

‘It can be a bit tricky to tell how someone’s feeling when we can’t see their mouth. What other clues do you think we can use to tell that they are friendly?’ (Talk about other ways you can tell, such as how their voice sounds, whether they have smiling eyes and by listening to the words they are saying.)

Teach Ted are currently conducting a research project with Sydney Children’s Hospital (SCH) and the University of NSW on a prototype of their app. It will be tested on children getting blood tests and ultrasounds at SCH and the results used to inform future development of tools. They are raising money for this project through a reward crowdfund, https://readyfundgo.com/project/teachted/.

For further information about Teach Ted go to: https://www.teachted.com.au/.

Teach Ted are keen to collaborate with others in the sector and would love to talk to anyone interested. You can contact Sarah on 0412 669 880 or sarah@teachted.com.au.
New Guidelines for Preventing Injury to Aboriginal Children and Young People

New guidelines have been released to promote activity, safety and community strengths to address indigenous child injury. Funded by NSW Health, The Active & Safe: Preventing Unintentional Injury to Aboriginal Children and Young People in NSW guidelines come after extensive research undertaken in 2016 with policy makers, injury researchers, practitioners and Aboriginal community members in NSW.


Australian research shows that Aboriginal children have consistently higher rates of injury than non-Aboriginal children. Mortality rates for Australian Indigenous children from injury-related causes are almost five times higher and hospitalisation rates two times higher than the rates for non-Indigenous children.

The Active & Safe guidelines recognise that effective injury prevention for Aboriginal children requires appropriate engagement with Aboriginal communities and involves many groups working collaboratively to ensure coordination, leadership and sustained commitment.

“The literature tells us that there are a broad range of factors that need to be addressed in order to prevent injury and reduce its impact. These include safer housing, transport, education and access to high quality health care. We know a lot about what needs to happen and we need to address all of these issues in a sustained and long term way to be effective,” said Associate Professor Karen Zwi, Sydney Children’s Hospitals Network, Priority Populations who is also one of the authors of the paper.

The new guidelines have a strong focus on practical implementation and will be a valuable tool for policy makers, researchers and practitioners.

“As health practitioners we need to work alongside and be guided by Aboriginal communities, building on community strengths and promoting the resilience of Aboriginal children, families and communities in injury prevention.”

The guidelines are intended to assist stakeholder groups, including Aboriginal Community Controlled Organisations, Non-Government Organisations and researchers and government policy makers to work more effectively in Aboriginal child injury prevention.

The guidelines were developed by collaborators from the Australian Health Services Research Institute, the George Institute for Global Health, the Sydney Children’s Hospitals Network, Kidsafe NSW and the Australasian Injury Prevention Network.


New NSW Health online resource – Newly acquired brain and spinal cord injuries and the NDIS

By Kirsten Bula, Sydney Children’s Hospitals Network

For children and young people with a newly acquired disability, and their families and carers, the transition from Health services (inpatient care and rehabilitation) to disability services and self-directed funding under the National Disability Insurance Scheme (NDIS) represents a significant change.

Variability in confidence and capacity can have an impact on the alignment of NDIS plans with individual needs, and on access to/engagement with both formal and informal supports.

NSW Health has released online and printable resources tailored to people with a newly acquired brain injury or spinal cord injury, including a website. The vision is to build the capacity of clients and their families and carers across NSW, to engage with the NDIS and the broader disability and mainstream service environment.


The target audience includes current, past and future paediatric clients of NSW Health services.

The NDIS children and young people webpage includes printable resources that families and carers may find useful including the following.

- **Guide: The NDIS for children and young people with a newly acquired disability**
- **Pre-planning workbook for parents and carers**
- **A timetable for growing up with an acquired disability**

Meet Marguerite and Lindie
Go4Fun

Go4Fun is an evidence-based free 10 week (2 hour weekly sessions) healthy lifestyle program supporting children to become fitter, healthier and happier. The program delivers best practice for weight management and reflects the NHMRC guidelines for the treatment of childhood obesity.

Trained health and community professionals run the program to support children and their families adopt a healthy lifestyle in a fun and interactive way. The program focuses on improving eating habits, overall health, fitness and self-esteem.

Over 12 000 children have participated in the program. On average, children who completed the program achieve:

- A decrease in BMI of 0.5kg/m²*
- A decrease in waist circumference (-1.2cm²)*
- Improvements in self-esteem*
- An increase in vegetable, fruit and water consumption*
- An increase in physical activity per week*

* Clinically and statistically significant improvements (P<0.0001) as of 10/05/19

Aboriginal Go4Fun is a culturally adapted version of Go4Fun that has been tailored especially for Aboriginal and Torres Strait Islander children and their families.

Go4Fun Online is delivered flexibly with online activities, resource packs and phone-based health coaching for families who are unable to attend a face-to-face program. Go to www.go4funonline.com.au.

Children are eligible for Go4Fun if they are:

- Living in NSW
- Aged between 7 and 13 years
- Above a healthy weight (>85th Percentile)
- Accompanied to each session by a parent or carer.

For info on how to appropriately assess the child’s height, weight and weight status, visit: www.pro.healthykids.nsw.gov.au.

Health Professionals can refer eligible participants to Go4Fun by going to www.go4fun.com.au and return completed Go4Fun referral form by:

Email: contact@go4fun.com.au
Fax: 1300 325 301

Referring health professionals can receive reports on participant outcomes and results.

For more information visit www.goforfun.com.au or call 1800 780 900.

Adapted from: Go4Fun Factsheet (May 2019 SHPN (OPH) 190213)

Research Corner

Peanut allergy trial

The risk of accidental peanut contact or contamination for any child with a peanut allergy can be life threatening, but researchers are beginning to look at the problem of reducing acute allergy responses in new ways.

This trial, formally titled *Oral peanut immunotherapy with a modified dietary starch adjuvant for treatment of peanut allergy*, or OPIA for short, focuses on using small dose peanut challenges along with a dietary fibre supplement to train the body to become tolerant to peanut. The duration of the study for most participants will be measured over one year.

Interested? Or know someone who might fit the criteria? Please get in touch with Dr Michelle Barnes, SCHN-CHW-OPIA@health.nsw.gov.au.

This project has been approved by Sydney Children’s Hospitals Network Human Research Ethics Committee.
Happy Birthday Sydney Children's Hospital, Randwick

On Friday 12 June 1998, the Prince of Wales Children's Hospital officially became known as Sydney Children's Hospital, Randwick.

Health minister Dr Andrew Refshauge, who coincidently begun his career as resident doctor at the same site, joined with the then executive director, Prof Les White for this momentous occasion. The event provided public recognition for a facility that had grown and matured over more than half a century of specialist care for sick kids.

What started as a small paediatric wing in the early 1900s had officially graduated into a fully-fledged hospital in its own right; a centre of training and excellence and a facility focussed solely around the needs of sick children.

This year Sydney Children’s Hospital, Randwick are celebrating 21 years and more than 50 years of caring for kids.

In 1964, founder Prof John Beveridge had the goal of creating a hospital where caring for children was the main agenda;

“Treat them as if they were your own; your clinical commitment should be nothing less than perfection; your understanding of them and their families should be nothing less than comprehensive; your commitment to them should be nothing less than absolute.” Prof John Beveridge.

This goal continues to shape every aspect of the work undertaken by the team at Sydney Children’s Hospital, Randwick, and has over time evolved to the simple but important vision of ‘Children first and foremost’.

Working in partnership to improve the health and wellbeing of children through clinical care, research, education and advocacy remain the mission of the staff at Sydney Children’s Hospital, Randwick, a goal shared with colleagues across the Sydney Children’s Hospitals Network.


Allied Health Success at SCHK Quality Awards

Allied health teams, along with surgeons, nurses, administration, specialists and partners in health were recognised for raising the bar for children's healthcare at last month’s Sydney Children’s Hospitals Network 2019 Quality Awards. Their innovative projects, and extraordinary efforts to improve outcomes for patients and their families, were laid bare in front of colleagues as 10 team and three individual award winners were announced. Allied health was successfully represented in the following award categories.

**Keeping People Healthy:** WINNER - RAAP: Respiratory Admission Avoidance Physiotherapy. Physiotherapy Department, Sydney Children’s Hospital, Randwick (SCH)

**Excellence in Allied Health:** WINNER - Impact of an enteral feeding algorithm in Children’s Intensive Care Unit. Jess Menzies, Nutrition and Dietetics and Children’s Intensive Care Unit, SCH.

**Patient Safety First:** WINNER - Prevention of M. abscessus cross-infection in Cystic Fibrosis. Multidisciplinary Respiratory Medicine and Infectious Diseases, SCH.

Congratulations to all of the award nominees and winners. Further details regarding the projects will be featured in upcoming editions of the Allied to Kids newsletter.

Allied to Kids
Allied health education and clinical support

Further details regarding Allied to Kids is available at the Allied to Kids website: http://www.nchn.org.au/a2k/index.html.

For more details about any of the information included in this newsletter, or if you have something you would like included in a future edition, please contact one of us.

Submissions for Future Editions of Allied to Kids
Let us know about your workshops, new programs, events, research or positions vacant. Clinical articles need to be evidence based with a relevant (albeit short) reference list. Submissions can be sent to any of the Allied Health Educators (email details are listed above) and need to be received no later than the 25th of each month to ensure inclusion in the following month’s edition. Remember, Allied to Kids is a newsletter for allied health professionals by allied health professionals.

Please note the inclusion of event/resource details in this newsletter does not constitute endorsement by the NSW Children’s Healthcare Network. Individuals are responsible for determining the credentials of events/resources in line with their own professional standards.

Further details regarding Allied to Kids is available at the Allied to Kids website: http://www.nchn.org.au/a2k/index.html.

Children’s Healthcare Network
Allied Health Telehealth Virtual Education
Available to allied health professionals who provide services through NSW/ACT Health

The 2019 Allied Health Telehealth Virtual Education program incorporates a range of virtual education technologies such as videoconferencing and pre-recorded sessions. Upcoming Sessions:

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>13th August &amp; 10th September</td>
<td>Tongue Tie #TongueTie</td>
<td>Melissa Compton Westmead Oral Health</td>
</tr>
<tr>
<td>27th August</td>
<td>Let’s Talk Tucker #LetsTalkTucker</td>
<td>Jodie Pearce A/Manager, Child and Family Allied Health Team, Tamworth/Nundle Community Health Service</td>
</tr>
</tbody>
</table>

Most sessions are recorded and available for viewing online. Please visit the Allied to Kids website http://www.nchn.org.au/a2k/index.html for details of the 2019 calendar, latest updates and to view earlier sessions.
Tertiary Children’s Hospitals Grand Rounds
Available to allied health professionals who provide services through NSW Health

Children’s Hospital at Westmead (CHW) Grand Rounds
The CHW Grand Rounds Education Program is held each **Thursday** from **1:00 - 2:00pm**. Upcoming sessions:

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>4 July</td>
<td>Ophthalmology</td>
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<tr>
<td>11 July</td>
<td>General Medicine</td>
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<tr>
<td>18 July</td>
<td>Ethics Forum</td>
</tr>
<tr>
<td>25 July</td>
<td>Surgery</td>
</tr>
<tr>
<td>1 August</td>
<td>Oncology Update</td>
</tr>
</tbody>
</table>


John Hunter Children’s Hospital (JHCH) Paediatric Grand Rounds
The JHCH Paediatric Grand Rounds Education Program is held each **Tuesday** from **1:00 - 2:00pm**. Upcoming session topics include (more specific details are released one week prior to the session):

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>2 July</td>
<td>ENT</td>
</tr>
<tr>
<td>9 July</td>
<td>Neonatology</td>
</tr>
<tr>
<td>16 July</td>
<td>Paediatric Surgery/Urology</td>
</tr>
<tr>
<td>23 July</td>
<td>External Presenter</td>
</tr>
<tr>
<td>30 July</td>
<td>Respiratory/Sleep</td>
</tr>
</tbody>
</table>

For instructions on how to view these sessions online or to access previous sessions, please email [Sonia.Hughes@health.nsw.gov.au](mailto:Sonia.Hughes@health.nsw.gov.au).

Sydney Children's Hospital (SCH) Grand Rounds
The SCH Grand Rounds Education Program is held each **Wednesday** from **1:00 - 2:00pm**. Upcoming sessions:

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>3 July</td>
<td>Cardiology</td>
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<tr>
<td>10 July</td>
<td>Immunology</td>
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<tr>
<td>17 July</td>
<td>Clinical Ethics</td>
</tr>
<tr>
<td>24 July</td>
<td>Toxicology</td>
</tr>
<tr>
<td>31 July</td>
<td>Trapeze &amp; Patient Flow</td>
</tr>
</tbody>
</table>

For information on how to view sessions contact SCH Education Administration on 02 9382 5409.
Save the Date

**Regional Paediatrics NSW Annual Conference**
29 - 31 August 2019
Wagga Wagga, NSW
Further information will be released in the coming weeks.

**Paediatric and Adolescent Nutrition Update Day: Challenges in babies, toddlers and teens**
8 November 2019
The Children’s Hospital at Westmead
Further information will be released in the coming months.

Conferences/Workshops/Webinars

**MP4Kids Conference**
5 July 2019
Royal North Shore Hospital
MP4Kids is a clinical network representing all Level 4 paediatric units in general public hospitals, in metropolitan and outer metropolitan Sydney. A range of presentations are planned around the theme, ‘Optimising the patient journey through partnership, collaboration and innovation’. The program is expected to comprise topics of interest to allied health professionals.
For further information regarding MP4 Kids contact mp4kidsnsw@gmail.com.

**Youth Health Forum: The ‘chronic condition’ I have does not define me**
24 July 2019
John Hunter Hospital
Youth Health Forums are stimulating, half-day forums that cover a wide range of adolescent health and wellbeing issues. The July Forum will explore the topic of chronic conditions and young people. Note that this topic is still highly relevant to school teachers, school counsellors, youth workers who work with young people with a chronic condition such as asthma, diabetes, chronic fatigue syndrome etc.
To register via email to: Kylie.carter@health.nsw.gov.au.

**Fetal Alcohol Spectrum Disorder in children & adolescents - FASD Diagnosis and beyond**
5 August 2019 - Suitable for paediatricians, developmental teams/clinicians, school counsellors, midwives/obstetric clinicians, NICU and CUPS teams.
6 August 2019 - Suitable for allied health staff, FACS & NGO caseworkers, educators, juvenile justice workers, youth alcohol and drug clinicians.
Westmead Institute of Medical Research
Call CICADA on (02) 9845 2446 or email SCHN-CICADA@health.nsw.gov.au for bookings.
A Palliative Approach – Caring for children with a life-limiting illness
13 August 2019
Sydney Children’s Hospital, Randwick, NSW
PEPA (Program of Experience in the Palliative Approach) presents this workshop in conjunction with The Sydney Children’s Hospitals Network. This session is interactive and provides ample time for discussion through case presentations and examples.
Target Audience: ALL metropolitan health professionals working in health across all settings with limited/moderate paediatric palliative care experience.
Register via:
Please note places are limited and registration is required to attend.

Paediatric Minor Burns Project - Burn Education Day
22 August 2019
Armidale NSW
Topics covered will include the Hunter New England LHD minor burns project, burn assessment and management, burn wound care, pain management, scar management, splinting and positioning, procedural preparation and support.
Registration on My Health Learning: Paediatric Burn Education Day - Armidale (252576727)
Contact: Helen.Stevens@health.nsw.gov.au or Madeleine.Jacques@health.nsw.gov.au.

Rural Health and Research Congress: Connecting Communities
16 - 18 October 2019
Lismore NSW
The 8th Rural Health and Research Congress will focus on the theme “Connecting Communities”. This Congress provides an opportunity to share initiatives which enhance the health and wellbeing of our rural people and communities. For more information, please visit https://e-award.com.au/2019/ruralhealth/newentry/about.php.

15th NSW Brain Injury Rehabilitation Program Forum
13 - 15 November 2019
Parramatta, NSW
This event aims to connect a broad range of stakeholders working with children, young people and adults following severe traumatic brain injury (TBI).
It will explore how professionals and people with TBI can work together through the continuum of recovery, from rehabilitation to community re-integration, to support positive long-term outcomes.
Conferences/Workshops/Webinars continued

**MP4Kids Conference**  
5 July 2019  
St Leonards, NSW  

**Learn to Play Workshops**  
8 - 12 July 2019 - Learn to Play 5 Day Workshop  
10 July 2019 - Parent Learn to Play: Train the Trainer  
11 & 12 July 2019 - Advanced Learn to Play Therapy  
Melbourne, VIC  
[https://www.learntoplayevents.com/events/](https://www.learntoplayevents.com/events/)

**Newborn Behavioural Observations (NBO) System**  
22 & 23 July 2019  
Willoughby, NSW  
Contact: nboaustralia@thewomens.org.au

**Addressing Rest and Sleep in Children from an Occupational Perspective**  
29 - 31 July 2019  
Melbourne, VIC  

**13th National Allied Health Conference**  
5 - 8 August 2019  
Herston, QLD  

**Developing Pretend Play Skills in Children - Advanced**  
7 - 9 August 2019  
Brisbane, QLD  

**International Symposium on Shaken Baby Syndrome/Abusive Head Trauma**  
16 & 17 September 2019  
Sydney, NSW  
[https://www.dontshake.org/2019-sydney#midCol](https://www.dontshake.org/2019-sydney#midCol)

**Infant Feeding Foundations Workshop: Assessment and Management**  
23 September 2019  
Sydney, NSW  

**Multidisciplinary Feeding Workshop**  
24 October - Infant Feeding Foundations: Assessment and Management  
Melbourne, VIC  

**DCD/Dyspraxia and the role for Occupational Therapy**  
25 & 26 October 2019  
Melbourne, VIC  
Conferences/Workshops/Webinars continued

Learning to Conquer the Wees & Poos...the Basics and Beyond
2 & 3 December 2019
Melbourne, VIC

Services for Australian Rural and Remote Allied Health (SARRAH) Conference
14 & 15 September 2020
Townsville QLD
https://sarrah.org.au/

Positions Vacant

**Clinical Psychologist**
Illawarra Shoalhaven Local Health District
Permanent Part-time (20 hours per week)
An exciting vacancy exists within the Child and Family team based at Port Kembla Hospital (Wollongong). The caseload you will be working with is children aged 3-12 years, presenting with behavioural and emotional concerns, difficulties with social skills, and array of childhood disorders. You will working in a clinic based setting, providing outpatient style appointments to families. You will be part of a multi-disciplinary team made up of speech pathologists, occupational therapists and a physiotherapist.
For more information and to make an application, go to: https://jobs.health.nsw.gov.au and search for job number REQ111532.
For enquiries contact Ruth Evans: Ruth.Evans1@health.nsw.gov.au.

**Audiologist Level 4 Unit Head**
Illawarra Shoalhaven Local Health District
Permanent Full-time
An exciting vacancy exists within the Child and Family team based at Kids Cottage, Warilla (Shellharbour region). The position is to provide specialist Audiology assessment for children from 0-8 years of age presenting with an ear health or hearing concerns in the Illawarra and Shoalhaven regions. You will be part of a multidisciplinary team and will provide outreach services to Nowra. Supervision of level 1-2 Audiologist and Audiometrists is required.
For more information and to make an application, go to: https://jobs.health.nsw.gov.au and search for requisition number REQ114629.
For enquiries, contact Keona Wilson, keona.wilson@health.nsw.gov.au or Ruth Evans, Ruth.Evans1@health.nsw.gov.au.